

Better Together

Navigating The Challenges of Early Adulthood

Group For People:

- In their 20s–30s
- Navigating challenges of adulthood including career transitions, relationships, and personal growth
- Searching for a safe & supportive space
- Wanting to connect with others
- Wanting to gain practical skills and tools
- Seeking a group led by experienced therapists

**Finding a Roadmap to Self-Discovery
and Empowerment is BETTER TOGETHER.**

**Wednesday's
7 pm — 8pm (via Zoom)**

Insurance Accepted:
BCBSIL PPO, BlueChoice
PPO, & Aetna

Self-Pay: \$40/group
need-based sliding scale
available

Reach out to SIGN UP or schedule a FREE CONSULTATION

Email info@advancedpsychologyservices.com

Online Scheduling via our website:

www.advancedpsychologyservices.com

Or call 773-234-0695